

Sustaining Resilience at Work (StRaW)

Sustaining Resilience at Work (StRaW®) is a process which aims to support staff who have been exposed to occupational pressure and/or stress and may be experiencing a mental health impact as a result. It is not a medical initiative but a proactive approach.



To self refer or for more information, visit the dedicated StRaW page of the HWBE portal

